



American
Organization for
Bodywork
Therapies of
Asia

Integrative Eclectic Shiatsu: Long Definition

The long definition of IES is a Japanese Healing Art for integrating the body, mind and spirit using Japanese Shiatsu, Traditional Chinese Medicine and Western Style manipulation.

- Origin & Development of KANPO (Classic Traditional Chinese Medicine).
- Mechanism and function of the human body system of TCM.
- Travelling routes of Twelve Meridian Lines, two extra vessels and points and traveling routes and branches of Twelve Tendon Meridian Lines and therapy.
- Relationship between massage and theories of Five Parenshymatous and Six Hollow Viscera.
- Classification of maneuvers of “KOHO ANMA” techniques, Dimple, Complex, Passive, Special, Routine manipulations etc. over 30 techniques.
- Relationship between muscle, tendon, bond, joint systems and Syndromes Differentiation and Therapy selection.
- ‘SHISHIN” - Details of various methods of Oriental Diagnosis.
- Principles of Western Anatomy, Physiology and Pathology.
- Spinal nerve diagnosis and treatment using “Dermatones” of the upper and lower limbs.
- International Sports Massage to prevent injury and build the best mental, physical and spiritual stamina for individual competitor.
- Eight Principles of Differentiation: Ying/Yang, Exterior/Interior, Cold/Heat and Asthenia/Esthenia.
- Ancient “Ampuku” methods (abdomen) diagnosis. Strengthen and tonify all organs to prevent diseases.
- Other special techniques to improve endocrine system and glandular function and improve the production of hormones and strengthen immune system.
- Manual Lymph Drainage (MLD) for edema, etc.
- Mobility of the joints, synovial joints, slightly moveable joints, fixed joints, cartilage.
- Balance of therapeutic food and herbs.
- Perfection skills of treatment of specific diseases using hydro thermolator pad, sennenkyu (mogusa), tiger warmer (mogusa), 31 Herbal oil, Dr. Sohn’s linament, Chinese Tiger Balm, Chinese Antiseptic Linament for diseases such as Diabetes, Sciatica, Kidney dysfunction.

- Structural Kinesiology Study.
- Craniosacral Therapy integrated with Shiatsu Therapy.